

# Parent Workshops

**Wednesday, March 3**

Managing ADHD and Other Behavioral Issues

**Wednesday, March 10**

Improving Your Child's Self-Esteem & Decreasing Anxiety

**6:30-8:00 p.m.**

**Broadmoor Elementary School Library**

Workshops presented by Sheryl Wilde, M.S., LPC  
Sheryl has 18 years experience working with children and families.  
Sheryl gives parents tools to overcome challenges and promote  
academic, social and emotional success in their children

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## REGISTRATION REQUIRED

***To Register***  
***Contact Sara McIntire, 837-1973***

**Space limited!**  
**Child Care Provided**  
**No Registration Fees**  
**Donations Encouraged**



**Learn parenting  
strategies to help your  
child be successful!**